



Tie-Dye 101: Classic Rainbow Spiral T-Shirt

This free-spirit charmer is making a major comeback (for flower children and city slickers alike). Watch our video to learn the classic spiral method.

SUPPLY LIST:

- White cotton v-neck t-shirt
- Dye in a variety of colors
- Rubber bands
- Protective gloves
- Plastic dropcloth
- Cooling rack
- Paper towels

TIPS & TRICKS:

- **Try a Twist:** The spot where you start twisting will mark the center of the spiral. For a customized look, try starting off-center.
- **Worlds of Color:** The more rubber bands you add to your shirt, the more sections you'll have for color application.
- **Stand Out:** Leave a white section between each color to create contrast and to keep the colors from bleeding together.

